

# Clay City High School

## MAY LUNCH 2024

Apr 23, 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 TACO SALAD REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	May - 2 CHICKEN DRUMMIES ROLL MASHED POTATOES GREEN BEANS FRUIT SALAD JUICE VARIETY MILK	May - 3 CHEESEBURGER CARROTS & DIP SEASONED FRIES STRAWBERRIES LETTUCE & TOMATO JUICE VARIETY MILK
May - 6 STEAK BITES CORN BREAD RANCH STYLE BEANS CUCUMBER SLICES & DIP PEARS CHOC CHIP COOKIE WG JUICE VARIETY MILK	May - 7 SPAGHETTI WITH MEAT SAUCE BOSCO STICK WG CAESAR SALAD VEGETABLE MEDLEY APPLESAUCE JUICE VARIETY MILK	May - 8 QUESADILLA FIESTA CORN SALAD W RANCH CHIPS AND SALSA PEACHES JUICE VARIETY MILK	May - 9 CHICKEN NUGGETS ROLL MASHED POTATOES GREEN BEANS GRAPES JUICE VARIETY MILK	May - 10 CHEESEBURGER CARROTS & DIP SEASONED FRIES STRAWBERRIES LETTUCE & TOMATO JUICE VARIETY MILK
May - 13 BBQ PORK POTATO CHIPS COLE SLAW CORN APPLE SLICES JUICE VARIETY MILK	May - 14 CHICKEN ALFREDO GARLIC TOAST WG PEAS & CARROTS CAESAR SALAD PEACHES CINN. GOLDFISH CRACKERS JUICE VARIETY MILK	May - 15 SOFT SHELL TACO BLACK BEANS CHIPS AND SALSA LETTUCE & TOMATO GRAPES JUICE VARIETY MILK	May - 16 COUNTRY FRIED CHICKEN ROLL MASHED POTATOES GREEN BEANS APPLESAUCE JUICE VARIETY MILK	May - 17 TURKEY W/CHEESE SANDWICH CRISSCUT FRIES LETTUCE & TOMATO FRESH VEGGIES APPLE SLICES JUICE VARIETY MILK
May - 20 MINI CORN DOGS FRENCH FRIES CARROTS & CELERY STICKS FRESH FRUIT GRAHAM CRACKERS JUICE VARIETY MILK	May - 21 SUBMARINE SANDWICH POTATO CHIPS CAESAR SALAD LETTUCE & TOMATO APPLESAUCE JUICE VARIETY MILK	May - 22 TEACHER IN-SERVICE DAY	May - 23	

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	828	750-850	100%	Sugars	45.96* g	22.20%	
Cholesterol	81 mg			Protein	38.89 g	18.79%	
Sodium	1191 mg	1420		Carbohyd	107.46 g	51.91%	
Fiber	8.78 g			Tot. Fat	27.56 g	29.96%	<=30.0%
Iron	5.28 mg			Sat. Fat	9.97 g	10.84%	<10.00%
Calcium	544.32 mg						
Vitamin A	2864 IU						
Vitamin C	48.41 mg						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.